



550 East Main Street, Annville, PA 17003
(717) 867-4467 • (717) 867-7060 FAX
www.ucc-homes.org

COVID-19 REOPENING PLAN

TABLE OF CONTENTS

PREREQUISITES FOR UNITED CHURCH OF CHRIST HOMES: Available on Main website page

COMMUNAL DINING PLAN SKILLED NURSING – STEPS 1, 2 AND 3

COMMUNAL DINING PLAN PERSONAL CARE – STEPS 1,2, AND 3

ACTIVITIES PLAN – STEPS 1,2 AND 3

NON-ESSENTIAL PERSONNEL, BEAUTY SHOP SERVICES, VOLUNTEERS- STEPS 2 AND 3

VISITATION SKILLED NURSING -STEP 2

VISITATION PERSONAL CARE – STEP 2

VISITATION SKILLED NURSING -STEP 3

VISITATION PERSONAL CARE -STEP 3

The Lebanon Valley Home

Communal Dining Plan for Skilled Nursing

STEPS 1, 2 and 3 (July 15, 2020/ July 29, 2020/August 12, 2020)

The Skilled Nursing Unit holds 55 residents at capacity, 32 residents on E wing and 23 residents on F wing. During the COVID-19 Pandemic F- Wing holds only 19 residents in order to accommodate for the 4 beds held open for admissions with an unknown COVID-19 status.

To accommodate **Communal Dining safely with social distancing** in our dining room (Courtyard Terrace) we will **alternate dining by wing on even and odd days**. We will also utilize the Leisure Center as an extension of the dining room for Lunch and Dinner. Communal Dining will be limited to only those residents unexposed to COVID-19.

Meals will be served out of the Courtyard Terrace Kitchenette as is the regular serving process for all meals.

All residents who are capable of feeding themselves without supervision or assistance will continue to eat breakfast in their rooms. Residents who need assistance may eat breakfast in the dining room and be spaced apart as much as possible ideally being 6 feet or more. No more than one resident who needs assistance with eating will be seated at a table at breakfast.

To have fewer residents in the common dining area at one time, The Lebanon Valley Home will provide the **lunch and dinner meals in the Courtyard Terrace and Leisure Center for the E-Wing Residents on even numbers days of the week and F wing residents on odd numbered days of the week with the exception of rooms E-16 and E-1. The residents in these two rooms will eat meals in the dining room on the odd numbered days.**

There are 11 tables in the Courtyard Terrace spaced 6 feet apart. Marking on the floor will ensure the tables are spaced accordingly. There will be assigned seating using a seating chart and table identifiers by resident room number. Each table will accommodate 2 residents seated together. The residents will be **seated only with their roommate to lessen the spread of infection.**

4 tables are located in the Leisure Center spaced 6 feet apart to accommodate 8 residents who will be assigned by room number with their roommate.

Residents on the Restorative Dining Program will be seated with the designated restorative staff person at the Leisure Center bar spaced 6 feet apart.

Staff will be required to use hand sanitizer after serving each resident their meal. Staff who are assisting more than one resident must perform hand hygiene with at least hand sanitizer each time when switching assistance between residents.

After meal services is complete, all tables will be sanitized in preparation for the next meal.

Should Lebanon County return to the Red Phase, dining will return to in room meal service only until the time the county returns to the Yellow Phase and the prerequisites are met.

The Lebanon Valley Home

Communal Dining Plan for Personal Care

STEPS 1, 2 and 3

The Personal Care Unit holds 40 residents at capacity, 10 residents each on A, B, C and D wings.

To accommodate **Communal Dining Safely with social distancing** in our PC dining room we will **alternate dining by wings on even and odd numbered days**. Communal Dining will be limited to only those residents unexposed to COVID-19.

Meals will be served out of the Main Kitchen as is the regular serving process for all meals.

All residents will continue to eat breakfast in their rooms.

To have fewer residents in the common dining area at one time, The Lebanon Valley Home will provide the **lunch and dinner meals in the PC Dining Room for the A and B wing Residents on EVEN numbered days of the week and C and D wing residents on ODD numbered days of the week**.

There are 11 tables in the PC Dining Room spaced 6 feet apart. There will be assigned seating using a seating chart and table identifiers by resident room number. Each table will accommodate 2 residents seated together. The residents will be **seated only with residents in their wing to lessen the spread of infection**.

Staff will be required to use hand sanitizer after serving each resident their meal.

After meal service is complete, all tables will be sanitized in preparation for the next meal.

Should Lebanon County return to the Red Phase, dining will return to in room meal service only until the time the county returns to the Yellow Phase and the prerequisites are met.

The Lebanon Valley Home

Implementation Plan for Activities

STEP 1 July 15, 2020

Limited activities with 5 or less residents may be conducted with the following precautions in place:

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able, must wear a mask at all times during the activity and during transport to/from activities.
- Residents must be unexposed to Covid-19

STEP 2 July 29, 2020

Limited activities with 10 or less residents may be conducted with the following precautions in place:

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able must wear a mask at all times during the activity and during transport to/from activities.
- Residents must be unexposed to Covid-19

STEP 3 August 12, 2020

Activities may be conducted with any number of residents with the following precautions in place:

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able must wear a mask at all times during the activity and during transport to/from activities.
- Residents must be unexposed to Covid-19

Outings

- May consist of trips in the facility bus only for those residents unexposed to COVID-19
- Limited to no more than the number of people where social distancing between residents can be maintained in the bus.
- Trips are limited to countryside drives with no residents exiting the bus
- Hand Hygiene when entering and exiting the bus will be required
- Masking at all times while on the outing will be maintained
- The bus interior will be sanitized after each outing

- ***Precautions must be initiated for both indoor and outdoor programming***

The Lebanon Valley Home

Re-Opening Plan for Non-Essential Personnel, Beauty Shop, Volunteers

STEPS , 2 and 3 (July 29,2020/ August 12, 2020)

NON-ESSENTIAL PERSONNEL

Non- Essential Personnel will be reintegrated into the facility as determined necessary by the facility. They will be required to be tested for COVID-19 prior to beginning their position if they were furloughed. Should Lebanon County return to the Red Phase, these employees and services will cease until the County returns to the GREEN PHASE

BEAUTY SHOP SERVICES

The Beauty Shop Services will be reinstated in Step 2 following all guidance from the Department of Health as it is incorporated into the United Church of Christ Homes Beauty Shop Policy.

VOLUNTEERS

The Lebanon Valley Home has chosen to forgo the use of volunteers during the Pandemic for the safety and well-being of the residents, staff and the volunteers themselves.

The Lebanon Valley Home

Visitation for Skilled Nursing

Step 2: Outdoor Visitation (weather permitting) July 29, 2020- UPDATED 8/18/20

Visits are limited to outdoor areas only. Outdoor visitation will occur in a neutral zone designated by the facility. If weather does not permit, indoor visitation is allowed in a neutral zone which will be designated by the Lebanon Valley Home.

Visitation is limited to residents unexposed to COVID-19. Visitation is limited to two visitors at a time per resident. The Lebanon Valley Home must enforce social distancing of six feet between residents and the visitors. The facility must ensure that a minimum distance of six feet is achievable in the outdoor space when determining the number of residents and visitors who can simultaneously occupy the outdoor space designated for visits. The facility has set a maximum number of cumulative Resident visits (20 total) allowed in a single day. This number was determined by the space available and staff assistance for the visitations. Staff will supervise all visits to ensure face coverings are worn, social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All visiting stations will be wiped down with an EPA approved disinfectant after each visit.

Upon entering the Main Entrance area, all visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. Temp >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches are the common symptoms of COVID-19. If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. For visitors not passing the screening process the facility will continue to offer virtual visits.

For outdoor or indoor visits, the visitors will enter the main entrance of the building and staff will assist to the outside (weather permitting) area or through a neutral zone for inside visitation stations. At no point during the visits will visitors be allowed to enter the nursing units. Visitors will only be allowed in the outside visitation area or the designated neutral zone of the facility.

The outside visiting stations will be composed of two canopies with tables under them. The canopies will be placed more than six feet apart to maintain social distancing with other visitations happening at the same time. There will be a plexiglass divider between the resident and family members. Each resident will be provided sunscreen and shade while they are outside visiting their loved ones. For inclement weather, the visitation areas will be moved inside to a neutral zone. The indoor visiting stations will be six feet apart in a neutral zone area and have a plexiglass separator between the resident and visitor.

All residents who can comply will wear a facemask during the visit.

Residents will be transported to and from the visiting stations by staff members. All residents can safely accept visitations as staff will be over seeing the visits and will be readily available to assist a resident when needed.

For end of life visitations or residents who are unable to have an outside visit, the visitor will use the main entrance of the facility. Staff will check the visitor in, have the visitor apply proper PPE's, preform hand hygiene, and escort the visitor to the residents' room.

The facility will schedule one visit with up to two of the resident's family members the first week of opening back up to visitors. After the first week the facility will continue to accommodate visits per week for each resident.

UPDATE: AS OF 8/18/2020

Visitations will occur Tuesdays and Thursdays between 10am-12pm and 1pm-4:30pm. Visitors will have to schedule an appointment with the front office Monday through Friday 8am-4pm.

Should Lebanon County return to the Red or Yellow Phase, visitation will cease until back in the Green Phase.

The Lebanon Valley Home Visitation for Personal Care

Step 2: Outdoor Visitation (weather permitting) July 29, 2020 UPDATED 8/18/2020

Visits are limited to outdoor areas only. Outdoor visitation will occur in a neutral zone designated by the facility. If weather does not permit, indoor visitation is allowed in a neutral zone which will be designated by the Lebanon Valley Home.

Visitation is limited to residents unexposed to COVID-19. Visitation is limited to two visitors at a time per resident. The Lebanon Valley Home must enforce social distancing of six feet between residents and the visitors. The facility must ensure that a minimum distance of six feet is achievable in the outdoor space when determining the number of residents and visitors who can simultaneously occupy the outdoor space designated for visits. The facility has set a maximum number of cumulative Resident visits (20 total) allowed in a single day. This number was determined by the space available and staff assistance for the visits. Staff will supervise all visits to ensure face covering are worn, social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All areas of the visiting stations will be wiped down with an EPA approved disinfectant after each visit.

For outdoor or indoor visits, the visitors will enter the main entrance area of the building. Upon entering the Main Entrance area, all visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. Temp >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches are common symptoms of COVID-19.

If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. For visitors not passing the screening process the facility will continue to offer virtual visitations

Once the screening process is completed all visitors will be escorted through a neutral zone outside to the visiting stations. Visitors will only be allowed in the designated neutral zone of the facility.

The two outside visiting stations will be composed of one canopy with table and use of the gazebo with a table. The seating areas will be placed more than six feet apart to maintain social distancing. There will be a plexiglass divider between the resident and family members. For inclement weather, the visitation areas will be moved inside to a neutral zone. The indoor visiting stations will be six feet apart in designated neutral zone areas. Each area will have a plexiglass separator between the resident and visitor.

Residents will be transported to and from the visiting stations by staff members. All residents can safely accept visits as staff will be over seeing the visits and will be readily available to assist a resident when needed. All residents who can comply will wear a facemask during the visit

For end of life visitation or residents who are unable to have an outside visitation the visitor will use the main entrance of the facility. Staff will check the visitor in, have the visitor apply proper PPE, perform hand hygiene, and escort the visitor to the residents' room.

The facility will schedule one visit with up to two of the resident's family members the first week of opening back up to visitors. After the first week the facility will continue to accommodate visits per week for each resident.

Visits will occur Tuesdays and Thursdays between 10am-12pm and 1pm-4:30pm. Visitors will have to schedule an appointment with the front office Monday through Friday 8am-4pm.

Should Lebanon County return to the Red or Yellow Phase, visitation will cease until back in the Green Phase.

The Lebanon Valley Home

Visitation for Skilled Nursing

Step 3: Inside Visitation in Neutral Zones (August 12, 2020)

Visits will be permitted indoor in neutral zones designated by the Lebanon Valley Home. Visitation is limited to residents unexposed to COVID-19. Visitation will be limited to two visitors at a time per resident. The Lebanon Valley Home must enforce social distancing of six feet between resident and visitors. The facility must ensure that a minimum distance of six feet is achievable with visitation in the neutral zone when determining the number of residents and visitors who can simultaneously occupy the designated space for visitation. The facility has set a maximum number of cumulative visitors allowed in a single day at 20. This number was determined by the space available and staff assistance for the visitations. Staff will supervise all visits to ensure face coverings are worn, social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All areas of the visiting stations will be wiped down with an EPA approved disinfectant after each visit.

Upon entering the Main Entrance area, all visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. Temp >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches are common symptoms associated with COVID-19.

For visitors not passing the screening process the facility will continue to offer virtual visits. At no point during the visits will visitors be allowed to enter the nursing unit. Visitors will only be allowed in the designated neutral zone of the facility.

Inside visiting stations will be in neutral zone areas of the building. There will be plexiglass dividers between the resident and visitor. The areas designated for indoor visits will have a space of six feet between them to ensure proper social distancing is maintained.

Cross-over visitation is only permitted if there is no new facility onset of COVID-19 in the facility in which the cross-over resident resides. The resident crossing over will make an appointment and follow the visitation process.

All residents who can comply will wear a facemask during the visit.

Residents will be transported to and from the visiting stations by staff members. All residents can safely accept visitations as staff will be overseeing the visits and will be readily available to assist a resident when needed.

For end of life visitations or residents who are unable to go to an indoor neutral zone visiting station will be permitted to visit the resident in his/her room. The visitor will use the main entrance of the facility where staff will check the visitor in, have the visitor apply proper PPE, perform hand hygiene, and escort the visitor to the residents' room.

Visitations will occur Tuesday and Thursdays between 10am-12pm and 1pm-4:30pm. Visitors will have to schedule an appointment with the front office Monday through Friday 8am-4pm.

Should Lebanon County return to the Red or Yellow Phase, visitation will cease until back in the Green Phase.

The Lebanon Valley Home Visitation for Personal Care

Step 3: Inside Visitation in Neutral Zones (August 12, 2020)

Visits will be permitted indoor in neutral zones designated by the Lebanon Valley Home. Visitation is limited to residents unexposed to COVID-19. Visitation will be limited to two visitors at a time per resident. The Lebanon Valley Home must enforce social distancing of six feet between resident and visitors. The facility must ensure that a minimum distance of six feet is achievable with visitation in the neutral zone when determining the number of residents and visitors who can simultaneously occupy the designated space for visitation. The facility has set a maximum number of cumulative visitors allowed in a single day at 20. This number was determined by the space available and staff assistance for the visitations. Staff will supervise all visits to ensure face coverings are worn, social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All areas of the visiting stations will be wiped down with an EPA approved disinfectant after each visit.

Upon entering the facility, all visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. Temp >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches are common symptoms of COVID-19.

If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. For visitors not passing the screening process the facility will continue to offer virtual visits.

Once the screening process is completed all visitors will be escorted through a neutral zone outside to the visiting stations. At no point during the visits will visitors be allowed to enter the nursing units. Visitors will only be allowed in the designated neutral zone of the facility.

Inside visiting stations will be in neutral zone areas of the building. There will be plexiglass dividers between the resident and visitor. The areas designated for indoor visits will have a space of six feet between them to ensure proper social distancing is maintained.

Residents will be transported to and from the visiting stations by staff members. All residents can safely accept visits as staff will be over seeing the visits and will be readily available to assist a resident when needed. All residents who can comply will wear a facemask during the visit.

For end of life visitation or residents who are unable to go to an indoor neutral zone visiting station will be permitted to visit the resident in his/her room. The visitor will use the main entrance of the facility where staff will check the visitor in, have the visitor apply proper PPE's, perform hand hygiene, and escort the visitor to the residents' room.

Visitation will occur Tuesdays and Thursdays between 10am-12pm and 1pm-4:30pm. Visitors will have to schedule an appointment with the front office Monday through Friday 8am-4pm.

Any visitor displaying symptoms of COVID-19 should refrain from visiting.

COVID-19 TESTING/ COHORT STRATEGY FOR RESIDENTS AND STAFF AT TLVH

COVID-19 COHORTING PROCEDURE:

RESIDENTS

Because of the size of the facility/units we will not be able to move residents who test positive into any other space. Therefore the F WING has two resident rooms designated as the **RED Zone** using plastic containment. This area can be expanded to one more room if needed. The entire Unit where the resident identified as positive resides will be the **YELLOW Zone** and the opposite wing will be the **GREEN Zone**. Once all residents who have tested positive have gone through the 14 days quarantine in the RED Zone with no signs or symptoms, they will be returned to their room outside of the RED ZONE. Likewise, residents will be tested in the Yellow Zone and will remain in that area until all tests return negative.

Residents in the Red Zone will be provided hospital gowns to decrease the amount of laundry moving out of the Zone. Linens and bath towels will be provided to the RED Zone via a dedicated linen cart. Meals will be provided in all disposable containers. YELLOW Zone will function in the same manner with exception of the resident laundry.

Equipment will be dedicated to each zone to the best of our availability. Any equipment required to be shared between a RED and YELLOW zone will be thoroughly disinfected prior to each use.

STAFF

Staff identified as asymptomatic positive will be excluded from work for 10 days from the date of the first positive test OR in the event of critical staffing needs will be placed in the RED Zone only. Staff will return to work using the non-test based strategy.

Staff working in the RED Zone will be required to wear full PPE including N95 Masks. PPE (with the exception of the N95 mask) will be changed after each resident contact. Red Zone staff will use a separate entrance into the building and use a separate break room and restroom.

Staff working in the Yellow zone will be required to follow the most recent CDC guidance for PPE. Gloves will be changed after each resident contact. All other PPE will be changed if compromised. Yellow Zone staff will use a separate entrance into the building and use a separate break room and restroom.

The Zones are clearly marked with temporary barriers and limited access signs.

STAFF SCHEDULEING

RED Zone staffing will consist of a combination of a minimum of two of the following positions for each shift: CNA, LPN, or RN who have been successfully fit tested and/or are asymptomatic positive for the virus. Should there be a limited amount of staffing for the RED Zone, Yellow Zone staff wearing the appropriate PPE per CDC guidance will be utilized.