



99 Bethany Road, Ephrata, PA 17522
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COVID-19 Reopening Plan

Personal Care

Prerequisites for United Church of Christ Homes

Re-Opening plan will address:

Steps 1, 2, and 3

Communal Dining

Activities

Visitation

Beauty Shop Services

Non-Essential Personnel

Volunteers



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Ephrata Manor

Communal Dining Plan for Personal Care

STEPS 1,2, and 3

The Personal Care holds 48 residents at capacity. 24 residents on each floor.

Steps 1, 2, and 3

- To accommodate Communal dining safely with social distancing in our PC dining room resident will sit one per table. First Floor residents will dine first and then second floor. Communal Dining will be limited to only those residents unexposed to COVID-19 and those not being quarantined.
- Meals will be served out of the Main Kitchen as is the regular servicing process for all meals.
- Marking on the floors will ensure tables are spaced at the designated distance. There will be assigned seating using a seating chart and table identifiers by resident room number.
- Staff will be required to use hand sanitizer after serving each resident their meal.
- After each meal service is complete, all tables/chairs will be sanitized in preparation for the next serving.
- Should Lancaster County return to the Red Phase, dining will return to in room meal service only until the time the county returns to the Yellow Phase and the prerequisites are met.



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Activities for Personal Care

Steps 1,2, and 3

Step 1

Limited activities with 5 or less residents may be conducted with the following precautions in place:

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able, must wear a mask at all times during transport to/from the activity and during the activity.
- Residents must be unexposed to Covid-19 and not in quarantine.

Step 2

Limited activities with 10 or less residents may be conducted with the following precautions in place

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able must wear a mask at all times to, from, and during the activities.
- Residents must be unexposed to Covid-19 and not in quarantine.

Step 3

Activities may be conducted with any number of residents with the following precautions in place:

- Social distancing (residents must remain 6 or more feet apart during groups)
- Residents and staff must complete hand hygiene prior to the start of each activity
- Residents who are able must wear a ask at all times during the activity and during transport to/from activities
- Residents must be unexposed to COVID-19 and not in quarantine.



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Outings

- May consist of trips in the facility bus only for those residents unexposed to COVID-19 and those not in quarantine.
- Limited to no more than the number of people where social distancing between residents can be maintained in the bus
- Trips are limited to countryside drives with no residents exiting the bus
- Hand hygiene when entering and exiting the bus will be required
- Masking at all times while on the outing will be maintained
- The bus interior will be sanitized after each outing.

Precautions must be initiated for both indoor and outdoor programming

Non-Essential Personnel

Non-Essential Personnel will be reintegrated into the facility as determined necessary by the facility. They will be required to be tested for COVID-19 before the beginning their position if they were furloughed. Should Lancaster County return to the Red Phase, these employees and services will cease until the county returns to the GREEN PHASE.

Beauty Shop Services

The Beauty Salon will be opened in Step 3 following all guidance from the Department of Health as it is incorporated into the United Church of Christ Homes Beauty Shop Policy.

Volunteers

Ephrata Manor has chosen to forgo the use of volunteers during the Pandemic for the safety and well-being of the residents, staff, and the volunteers themselves.



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Visitation for Personal Care

Step 2: Outdoor Visitation (weather permitting)

Visits are limited to outdoor areas only. Outdoor visitation will occur in a neutral zone designated by the facility. If weather does not permit, indoor visitation is allowed in a neutral zone which will be designated by Ephrata Manor.

Visitation is limited to residents unexposed to COVID-19 or those in quarantine. Visitation is limited to two visitors at a time per resident. Ephrata Manor must enforce social distancing of six feet between residents and the visitors. The facility must ensure that a minimum distance of six feet is achievable in the outdoor space when determining the number of residents and visitors who can simultaneously occupy the outdoor space designated for visits. The facility has set a maximum number of cumulative Resident visits (TOTAL) allowed in a single day. This number was determined by the space available and staff assistance for the visitations. Staff will supervise all visits to ensure face coverings are worn, social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All visiting stations will be wiped down with an EPA approved disinfectant after each visit.

Visitors will enter through the main entrance. All visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. Temp >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches are the common symptoms of COVID-19. If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. For visitors not passing the screening process the facility will continue to offer virtual visits.

For outdoor or indoor visits, the visitors will enter the main entrance of the building and staff will assist to the outside (weather permitting) area or through a neutral zone for inside visitation station. At no point during the visits will visitors be allowed to enter the nursing units. Visitors will only be allowed in the outside visitation area or the designated neutral zone of facility.

The outside visitation will consist of canopies with portable visiting stations underneath them. The canopies will be placed more than six feet apart to maintain social distancing with the other visitation. The visitation station will have a plexiglass divider between the resident and family member. Each resident will be provided sunscreen and shade while they are outside visiting their loved ones. For inclement weather, the visitation areas will be moved inside to a neutral



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zone. The indoor visiting stations will be six feet apart in a neutral zone area and have a plexiglass separator between the resident and visitor.

All residents who can comply will wear a facemask during the visit.

Residents will come to the visitation area at designated appointment time. All residents can safely accept visitation as staff will be over seeing the visits and will be readily available to assist a resident when needed.

For end of life visitation or residents who are unable to have an outside visit, the visitor will use the main entrance of the facility. Staff will check the visitor in, have the visitor apply proper PPE's, perform hand hygiene, and escort the visitor to the residents' room.

The facility will schedule one visit with up to two of the resident's family members the first week of opening back up to visitors. After the first week, the facility will continue to accommodate visits per week for each resident.

Visitations will occur Monday, Tuesday, Thursday, and Friday between 9:30am-12 and 1pm-4pm. Wednesday will be 9:30am -12:00pm and 1:00pm-6:00pm.

Visitors will have to schedule an appointment with the front office Monday -Friday 8am-4pm.

Should Lancaster County return to the Red or Yellow Phase, visitation will cease until county moves back to the Green Phase.



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Visitation for Personal Care

Step 3: Inside visitation in Neutral Zones

Visits will be permitted indoor in neutral zones designated by Ephrata Manor. Visitation is limited to residents unexposed to COVID-19. Visitation will be limited to two visitors at a time per resident. Ephrata Manor must enforce social distancing of six feet between resident and visitors. The facility must ensure that a minimum distance of six feet is achievable with visitation in the neutral zone when determining the number of residents and visitors who can simultaneously occupy the designated space for visitation. The facility has set a maximum number of cumulative visitors allowed in a single day at (). This number was determined by the space available and staff assistance for the visitations. Staff will supervise all visits to ensure face coverings are worn social distancing is maintained, hand hygiene is performed, and all touch point surfaces are disinfected at the conclusion of the visit. All areas of the visiting stations will be wiped down with an EPA approved disinfectant after each visit.

Upon entering the Main Entrance area all visitors will be required to wear a face mask, perform hand hygiene, be asked screening questions, and have a temperature taken. If any visitor does not pass the screening process or comply with infection control practices they will be asked to leave. The common symptoms for COVID-19 include Temperature >100, cough, sore throat, headache, fatigue, congestion, shortness of breath, new loss of taste or smell, nausea, vomiting, diarrhea, muscle, or body aches.

For visitors not passing the screening process the facility will continue to offer virtual visits. At no point during the visits will visitors be allowed to enter the nursing unit. Visitors will only be allowed in the designated neutral zone of the facility.

Inside visiting stations will be in neutral zone areas of the building. There will be plexiglass dividers between the resident and visitor. The areas designated for indoor visits will have a space of six feet between them to ensure proper social distancing is maintained.

Cross-over visitation is only permitted if there is no new facility onset of COVID-19 in the facility in which the cross-over resident resides. The resident crossing over will make an appointment and follow the visitation process.

All residents who can comply will wear a facemask during the visit.

Residents will be transported to and from the visiting stations by staff members. All residents can safely accept visitation as staff will be over seeing the visits and will be readily available to assist a resident when needed.



EPHRATA MANOR

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For end of life visitations or residents who are unable to go an indoor neutral zone visiting station will be permitted to visit the resident in his/her room. The visitor will use the main entrance of the facility where staff will check the visitor in, have the visitor apply proper PPE, perform hand hygiene, and escort the visitor the residents' room.

Should Lancaster County return to the Red or Yellow Phase, visitation will cease until back in the Green Phase.